

**2022
2023**

ANNUAL REPORT

AGM 2023

**Thursday, December 14th
5:00 pm - 7:00 pm
Online via Zoom**

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MISSION STATEMENT

The British Columbia Psychological Association provides leadership for the advancement and promotion of the profession and science of psychology in the service of our membership and the people of British Columbia.

MANDATE

The mission of the British Columbia Psychological Association (BCPA) encompasses several objectives which are spelled out in section two of the Association's Constitution:

1. To serve the science and profession of psychology and its applications throughout the Province of British Columbia
2. To support and stimulate any activity which mutually enhances the interests of the public welfare and of psychologists
3. To support and enhance the continuing professional education of psychologists
4. To support and advance the interests of the science and profession of psychology throughout the Province of British Columbia

BOARD OF DIRECTORS



PRESIDENT: Amir Ali Sepehry, Ph.D.

VICE-PRESIDENT: Erika Horwitz, Ph.D., R. Psych.

TREASURER: Vacant

DIRECTORS:

Amir Ali Sepehry, Ph.D.

Erika Horwitz, Ph.D., R. Psych.

Claire Sira, Ph.D., R. Psych.

David Mensink, Ph.D., R. Psych.

Martin Zakrzewski, Ph.D., R. Psych.

Patrick Myers, Ph.D., R. Psych.

Simon Elterman, Psy.D., R. Psych.

Tina Leist, Ph.D., R. Psych.

Jennifer Campbell, Ph.D., R. Psych.

STAFF



EDUCATION COORDINATOR

Charmaine A. Barclay, M.A.

OPERATIONS COORDINATOR

Shital Kaur, B.A., M.B.A.

ADVERTISING & COMMUNICATIONS COORDINATOR

Alejandra Silvera, B.A.

Published by

British Columbia Psychological Association

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COLUMBIA
PSYCHOLOGICAL
ASSOCIATION

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BCPA 2023 AGM

Date: Thursday, December 14, 2023

Time: 5:00 PM - 7:00 PM

Format: Online via Zoom



AGENDA

1. Call to order: Amir Ali Sepehry, Ph.D., President
2. Land acknowledgment
3. Approval of the agenda
4. Approval of the previous AGM minutes (November 17th 2022)
5. Pending motions

- a. Resolve that:

the purposes set out in the current Constitution of the Society be amended to:

- (a) replace section 10.2
 - (b) replace section 10.3
 - (c) add section 10.4
 - (d) add section 10.5

- b. The Bylaws of the Society, as filed with the Registrar, be altered by deleting all the provisions thereof, and that all the provisions in the Bylaws attached to the Notice of Meeting issued for this meeting be adopted as the Bylaws of the Society.

- c. Any director or officer of the Society is authorized and directed for and on behalf and in the name of the Society to execute, deliver and file, as the case may be, this amendment to the Society's Bylaws and any other agreements, instruments and documents and to do such other acts or things as such director or officer, in his or her discretion, considers necessary, desirable or advisable for the purpose of giving effect to these resolutions."

6. Reports

- A. President: Amir Ali Sepehry, Ph.D.

- B. Report on Behalf of the Treasurer: Amir Ali Sepehry, Ph.D.

- i. Financial statement report
 - ii. Approval of 2023– 2024 Budget
 - iii. Motion to re-appoint Manning Elliot for the 2023-2024 Financial Review of the Association

- C. Committees

- i. Advocacy Committee
 - ii. Continuing Education Committee
 - iii. Membership Services Committee
 - iv. Community Engagement Committee
 - v. Diversity & Social Advocacy Committee
 - vi. Journal Committee
 - vii. Awards Committee

BCPA 2023 AGM

Date: Wednesday, Thursday, December 14, 2023

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AGENDA

7. Board Acclamations:

- Chantelle V. Jusay, B.A., Student board member - New
- Humaira Mohsin, Ph.D., R.Psych. - New
- Jason Greif, Psy.D. R. Psych. - New
- Jennifer Campbell, Psy.D., R. Psych. - New
- Nardeen Awadalla, Psy.D., R.Psych. - New
- Simon Elterman, Psy.D., R. Psych. - Renewed term
- Tina Leist, Ph.D., R. Psych. - Renewed term

8. Welcome your 2023-2024 Board:

- Erika Horwitz, Ph.D., R. Psych. - President
- Amir Sepehry, Ph.D., - Past President
- David Mensik, Ph.D., R. Psych - Renewed term
- Simon Elterman, Psy.D., R. Psych - Renewed term
- Tina Leist, Ph.D., R. Psych. - Renewed term
- Chantelle V. Jusay, B.A., Student board member - New
- Humaira Mohsin, Ph.D., R. Psych. - New
- Jason Greif, Psy.D. R. Psych. new
- Jennifer Campbell, Psy.D, R. Psych. - New
- Nardeen Awadalla, Psy.D., R. Psych. - New

8. Erika Horwitz, President, closing words.



Message from the Board President

Amir A. Sepehry, M.Sc., Ph.D.

A year has passed, and I must write the year in review as president of the BCPA Board of Directors. This is not to say that I have endured a year of fruitful experiences and made connections. Rather a year where I stepped into this role from vice-president, where I have seen growth and maturity in the association, in my colleagues/executives, our precious staff (in alphabetical order, Alejandra, Charmaine, Shital) that diligently worked alongside ours, and perhaps me. I feel gratitude toward my colleagues, the association, the staff, and the membership for allowing and trusting in me in part leading them this past year. I feel privileged when I reflect on this. However, I don't think my mission is over! Maybe one more page to turn here, and then my new role as past president.

By this token, I take the opportunity to thank my vice-president (Dr. Erika Horwitz) for collaborating while transitioning from the previous executive director, Alexina Picard. We were a great duo, I think. We have accomplished a lot by revamping BCPA, communicating with staff, reviewing documents, and interacting with accountants, our bookkeeper, companies, insurance companies such as the Insurance Corporation of British Columbia (ICBC), banks, etc. Also, we have learned about the association's history and what worked and what did not. Besides, we have often gained guidance and communicated with the previous president, Dr. Claire Sira, a clinical neuropsychologist with expertise in ADHD and executive functioning

Dr. Amir A. Sepehry, Ph.D., earned his doctorate from the University of British Columbia in 2015 and completed a post-doctoral fellowship in neurology and re-specialization in forensic clinical neuropsychology. He is a full-time core faculty, Assistant Professor of Clinical Psychology in the PsyD program at Adler University, Vancouver, BC. He has numerous active research collaborations, both nationally and internationally. He is serving as the Director representing the Council of Section Chairs for the Canadian Psychological Association (CPA) (2022-2025) at the CPA Boards of Directors and holds the Chair of Psychopharmacology (2020-). He helps with assessments and medico-legal cases research at the Cortex Center for advanced assessment.

assessment and coaching. Also, I had the opportunity to serve as the Chair of the continuing education committee section, connecting with the College of Psychologists of BC and hearing from them about Bill 36, Health Profession and Occupation Act. Last, I got the opportunity to attend the Council of Professional Associations of Psychologists (CPAP) meeting in Vancouver.

On a different note, over this past year, we have delivered many workshops to the public and membership, some with CE credits. We had a multidisciplinary talk given by Dr. Izabela

Schultz (Board Certified Diplomate in Clinical Psychology from the American Board of Professional Psychology and a Diplomate in Vocational Expertise from the American Board of Vocational Experts) on high-gravity decision-making and capacity evaluation in the context of medical assistance in dying (MAiD), ethicists discussing medical perspectives and ethical consideration of MAiD, and co-presentation on grief and bereavement. We planned an Applied Behaviour Analysis workshop and a last seminar on ethics and beyond by Dr. Jaleh Shahin, a board-certified clinical psychologist with the American Board of Professional Psychology (ABPP).

With our diversity group's support and advocacy, we have set an indigenous student scholarship/ award for the upcoming year. With our Directors of Advocacy, we have obtained government approval for a feasibility project. The directors of advocacy (Dr. Erika Penner and Dr. Lesley Lutes) has spent the last year advocating to our government about increasing access to psychological services for people in BC.

The BC Psychologist and Journal Committee was going through a time of transition. With only two assistant editors and one staff member on the committee, and seeking a Lead Editor and Assistant Editors, they have provided

us with the 2023 Spring edition, Vol 12, No. 1 of the Journal. They have amassed numerous research publications. To that end, they inform us of a significant change in how we deliver an issue and will soon be transitioned to digital format in contributing to our mission to advance and promote the profession and science of psychology to members and the people of British Columbia.

We have also impacted the emergence of controversial BC psychologists' rate per 50-minute session. We had several vacillating communications with the members on this.

During this time, as part of the team, I hope I have listened and learned from your untold stories and expressed emotions.

We will begin with the new board president, Dr. Erika Horwitz, after the AGM. As I will soon be the "past president," my role within the BCPA Board of Directors and co-executive will be much reduced. I will continue with the continuing education sub-committee, where we will work toward delivering much-needed workshops to benefit psychology trainees, psychologists, and conceivably the public of the BC.

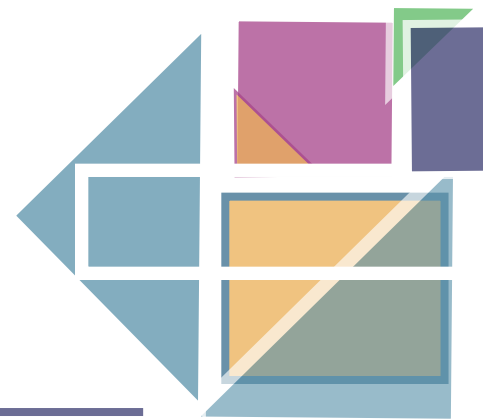
I look forward to better days and strength in our association, and I invite you to join us as volunteers; it's enriching..



Amir. A. Sepehry, PhD
British Columbia Psychological Association (BCPA) President
Assistant Professor of Clinical Psychology,
Adler University, Vancouver, Canada asepehry@adler.edu



Joint Statement from the President and Vice-President



Dr. Amir Sepehry and Dr. Erika Horwitz

This past year was an unusual year in that our executive director, Alexina Picard, left to pursue her graduate studies in counselling psychology and we found ourselves having to fill the gap she left. The BCPA has many moving parts in its operations that needed to be overseen. While we carried out a review of our systems to decide what would be the best way to move forward, we offered to step in and share some of the duties of the executive director to make sure that all operations continued to run while we sorted out our new system. It has been our pleasure to be part of this time of opportunity.

We want to thank both our amazing staff and the board of directors for their support while we learned the ropes.

Report by the President Dr. Amir. A. Sepehry

I am writing to provide an overview of my involvement and contributions to the BCPA.

Collaborating closely with Dr. Horwitz, I specifically took charge of overseeing the financial aspects for the fiscal year 2022-2023. These included communicating with the Bank regarding our assets, getting new accounts as needed for the management of funding via the BC government, managing payroll processing when the bookkeeper was absent, preparing records of employment (ROE) for past employees, making payments toward various contracts, and depositing money when presented in non-electronic cheques or making wire

transfer for international payment. Besides, at times, I had the chance to communicate with the staff and help with budget reconciliation or review advocacy contracts toward BC government agreements and various agencies. Also, I was involved in reviewing the budget for the following year, invoices, and insurance selection and planning for staff and membership.

We finished a year with surplus revenue of about \$28,000. Yet, we had a drop in our membership, from 872 (2022-23) to 635, and this number reflects on the number of people who renewed membership as of October 10th, 2023. Also, we got \$5500 in sponsorship and \$45000 from advocacy work via the BC government. And we made \$49,492 from workshops.

As of August 01, 2023, we have \$80,719.22 in Total Investment Return with the Bank.

In addition to the financial affairs, I had the chance to help review (test-derived) the new BCPA website platform, work with the staff toward AGM planning, communicate with lawyers when needed, and learn about legal and financial terms.

All together, these were my tasks.

Amir. A. Sepehry, Ph.D.
BCPA President

Assistant Professor of Clinical Psychology,
Adler University, Vancouver, Canada asepehry@adler.edu

Report by Vice-President Dr. Erika Horwitz

We often hear that growth is important and that growth happens when we get out of our comfort zone. Sometimes getting out of our comfort zone is not in our plans but it can lead us to find new opportunities to grow and transform. This would be one way for me to describe this past year for the me and for the BC Psychological Association. Although there was a lot to learn and sort out, it has been my absolute pleasure to be a part of this time of growth and change.

There were many significant challenges that we met head on, and I want to think that these challenges allowed us to find many of opportunities to grow and transform our association. First, our Executive Director, Alexina Picard, moved on to pursue her graduate studies in counselling psychology. Alexina had been at the helm of our operations for 5 years and her departure left a gap that was palpable. Although it was a stressful time for the board of directors and for our amazing staff, we pulled our strengths together and maintained our association running. Our President, Dr. Amir Sepehry, immediately stepped in and took over the financial operations. Soon after, the board agreed for me to step in and help our staff run all other operations. With the support of the board, Dr. Sepehry and I worked tirelessly to support our amazing staff, Shital Kaur, our interim operations coordinator, Alejandra Silvera, our communications coordinator, and Charmaine Barclay, our continuing education and social media coordinator. Our staff stepped up to the challenge and did whatever needed to be done to keep all operations running. I have been in awe of their amazing dedication, commitment, and hard work. They have worked above and beyond what is expected these past few months demonstrating

Erika Horwitz, BCPA's current Vice-President, earned her Ph.D. in Counselling Psychology from the University of British Columbia. She received the CPA award for excellence for her doctoral dissertation. Dr. Horwitz worked as Director of Counselling Services at Simon Fraser University (SFU) for 11 years and is currently in private practice in Metro Vancouver. During her tenure at SFU, she led an international, award-winning initiative to end stigma against mental illness in post-secondary settings (Hi F.I.V.E.). She is a Mindfulness Based Stress Reduction certified teacher.

She published the book: Through the Maze of Motherhood: Empowered Mothers Speak.

a deep caring for our association.

Alexina's departure was certainly a loss for our association, but at the same time, it opened the door for new opportunities to grow and improve BCPA. I undertook a thorough review of how our board, office, and systems operate and what was working well and what we could improve to make our association even better. This led to our decision to change the structure and increase the hours of our Directors of Advocacy to continue the amazing work they have been doing, and rather than hire an Executive Director, whose work would overlap with theirs, we decided that an operations manager would be make the most sense and that all our advocacy and lobbying efforts would be spear headed by registered psychologists. Lastly in discussions with our Directors of Advocacy and our board of directors, we decided to recommend that the duties of the President be modified to allow us to have him or her represent our association and be the face of the BCPA.

In my roles at BCPA I felt it was important to improve the experience of connection between the board and our members. Although this is a work in progress, we have received feedback from many members that they feel a stronger presence in our listserv, which has allowed them to be able to feel more connected to the board and the running of the association.

Our fiscal year was another great year. Our staff worked hard to increase revenue. We have continued to offer on demand continuing education, which has been well received by our members. This year our staff pulled their resources and participated actively in developing the projections for our 2023-2024 budget.

We have now moved to our new website, which is a great site for our members to communicate in one hub that contains opportunities for exchange of ideas and communication. Our google-groups listserv has been discontinued and all communications have moved to the new website. Our staff worked hard at developing a user-friendly site. We encourage our members to spend some time becoming familiar with all that our website has to offer. psychologists.bc.ca/home

Our advertising revenue was robust again this year. As a non-profit we value various sources of income that allow us to have a healthy budget to engage in advocacy efforts, offering online workshops, and supporting various efforts to improve our association.

We continue to be fortunate to have thirty-six volunteers in our many committees. We are

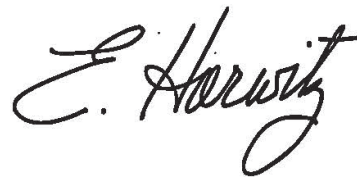
grateful for their dedication and contributions.

I want to thank Dr. Amir Sepehry for his hard work and dedication and for being a very supportive and caring colleague; I thoroughly enjoyed the work we did together.

Again, I want to thank our BCPA staff for their team spirit and for helping me and Amir learn the ropes. It has been a pleasure working with Alejandra, Shital and Charmaine.

Finally, I have felt privileged to have been not only part of the board but to have an opportunity to be part of the change and growth at BCPA. I look forward to my time as President and for the opportunity to keep growing along with our association.

Warmly,



Erika Horwitz, Ph.D., R. Psych.
BCPA Vice-President

Message on Behalf of the Treasurer

Amir A. Sepehry, M.Sc., Ph.D.

We boast of the surplus position for 2022-23, in the presence or drop in membership.

When we budget for the year, we estimate the amount of money we will need to optimally function, hire staff, pay the executive director or operational manager, and support various sub-committees inviting speakers. We consider how much we tentatively make and what would be the sources of our income, even as a non-profit organization. This is, often reflected in the core function of budgeting. Yet, generating revenue, beyond anticipation with the tendency to overestimate or under consideration of environmental factors (e.g., loss of executive director) can lead to surplus or shortage if not well managed. To our disbelief, we did well. We must give credit to our abilities; together, we are mighty when it comes to it.

Traditionally, BCPA's surplus was moved into an investment designed to serve in a contingency situation, should BCPA encounter. This seems sufficient, given our prior principal. To this end, the new board will decide on its fate. However, in 2022-23, our executive director resigned, so we had to allow board members to carry tasks while we revamp the hiring and goals of the BCPA. This caused us to allocate honorariums toward board members for duties implemented by the executive director/operating manager, which has altered our budget. Also, the board decided to stay on track concerning our investment to reflect the values of BCPA. Through the prudent and collabora-

tive decisions of the Vice-President and I on behalf of the treasurer in fiscal management, the help of the staff, and the dedication of our members, BCPA is in the desirous position, in these difficult times, of having sufficient cash flow, emergency funds, and healthy surplus, to provide staff with bonuses, saving money for emerging issues, legal consultation fees, and further investment, and function optimally.

The board of directors is committed to further reducing unnecessary expenses and re-investing the surplus in BCPA membership services as much as possible.

This year, given the regional high inflation, we have kept funding to various subcommittees relatively the same to keep expenses lower. We have changed our office location and negotiated a better rental agreement. We have relocated our website platform for better, smoother, updated functionality. We have negotiated a better deal for holding our annual AGM. We have hired a new staff to help with social media relations, supporting administration, and various sub-committees.

With these surplus funds, the Board can enhance services, expand our advocacy efforts, and keep BCPA on its current growth trajectory.



Amir A. Sepehry, Ph.D.

British Columbia Psychological Association (BCPA) President
Assistant Professor of Clinical Psychology,
Adler University, Vancouver, Canada asepehry@adler.edu

PROPOSED BUDGET 2023-2024

REVENUE	Budget Projections 2022-2023	Actual 2022-2023	Budget Projections 2023-2024
Membership Dues	\$ 315,000	\$ 311,284	\$ 315,000
Advertising	\$ 30,000	\$ 28,346	\$ 30,000
Continuing Education	\$ 43,000	\$ 49,492	\$ 43,000
Other	\$ 20,000	\$ 22,140	\$ 23,000
Donations & Sponsorships	\$ 6,000	\$ 7,557	\$ 1,500
TOTAL	\$ 387,000	\$ 418,819	\$ 412,500

EXPENSES	Budget Projections 2022-2023	Actual 2022-2023	Budget Projections 2023-2024
Administration	\$ 273,150	\$ 283,796	\$ 350,514
Operations	\$ 42,200	\$ 59,403	\$ 36,600
CE	\$ 30,000	\$ 26,807	\$ 17,000
Advocacy	\$ 71,500	\$ 54,088	12,000
Journal	\$ 3,800	\$ 2,680	0
CEC	\$ 800	\$ 90	1,100
Membership	\$ 500	\$ 48	\$ 500
Board	\$ 6,900	\$ 3,206	6,300
Awards	\$ 2,600	\$ 611	\$ 2,650
DSAC	\$ 500	\$ 1,800	\$ 500
TOTAL	\$431,950	\$432,529	\$ 427,164

Revenue-Expenses	\$ -44,950	\$ -13,710	\$ -14,664
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COMMITTEE & TASKFORCE UPDATES

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Membership Services Committee

The Member Services Committee plays a vital role in BCPA by actively steering membership recruitment and retention endeavours. Their responsibilities involve a diverse array of benefits, ranging from the Buddy program to generous insurance discounts, advertising opportunities, referral services, discounted OWL services, and will soon include educational financial planning sessions tailored to the needs of psychologists, professionally and personally. Their outreach extends to graduate students and psychology professionals, providing informative talks and facilitating access to educational workshops to support existing members in their efforts and to appeal to new members. The committee maintains a focus to align the association's offerings with the needs of both members and non-members, ensuring that everyone discovers substantial value and purpose within the community of BCPA. This committee seeks to foster a supportive and connected community while inviting diverse individuals from all walks of life to partake in our shared interest in psychology.

Committee Chair:

Tina Leist, Ph.D., R. Psych.

Tina Leist received her PhD from the University of Victoria and is registered to practice in BC. Her diverse background in Clinical, Educational, and Neuropsychology has guided her career. For the last two decades she has worked full-time in her private practice. Her experience extends to her work with the Min-



istry of Children and Family Services and with a psychiatric hospital in Nebraska. She has taught undergraduate psychology students at the University of Northern Colorado. She has also served on a small private school board for 2 years, volunteered for Canadian Blood Services, and been a part of a community to promote learning through drama. Beyond her practice, Tina is a dedicated advocate for psychological well-being, offering workshops and lectures on fostering healthy psychological boundaries. She enjoys serving the BCPA and has volunteered as a board member since 2021, chaired the BCPA Membership Committee for one year after having previously been a member, and is on the BCPA Continuing Education Committee.

Year long overview...

Members of this committee attend to the recruitment and retention of members, solicit member input through surveys and focus groups, and review and create new membership services. The committee worked hard this year to ensure quality experiences for BCPA members and student affiliates.

The committee consisted of Dr. Tina Leist, Dr. David Mensink, Dr. Deandra Pimentel, Ms. Alexina Picard, Ms. Shital Kaur, Ms. Alejandra Silvera, and Ms. Charmaine Barclay who met on a monthly basis with the intent to advance member interests.

Some of the recent objectives that we have been working towards include engaging doctoral student and early career psychologist members through offering a buddy program for early career and seasoned psychologists, contributing to BCPA's membership surveys, and growing BCPA's collegial community. The committee reviewed the survey responses from our membership and has used that information in providing guidance in structuring the new website, offering suggestions for the eBlast, sharing that information to assist with continuing educational opportunities and in reaching out to a financial planner to support our members. We encourage our current members to participate actively in these opportunities, whether through the buddy program, contributing to our website's discussion boards and shared resources section, committee involvement, and extending invitations to member and non-member colleagues to engage with our community website or continuing educational opportunities.

The committee meets on Zoom for about an hour once a month. If you are interested in joining the Membership Services Committee to progress BCPA perks and advantages, foster connections among members and to add to our membership base, please reach out to our fabulous BCPA staff and they will give you the information you need to consider its suitability for you.



Tina Leist,
Ph.D., R. Psych.

Journal Committee

The BC Psychological Association issues a semi-annual journal, the BC Psychologist, which is freely available to BCPA members and affiliates online. The BC Psychologist is a venue for discussion regarding the future of the practice and science of psychology in BC. In it, you will find reviews of books and recent research findings, discussions about professional ethics and current affairs, as well as information on our activities. The publication is distributed to members of the Association. Anyone can contribute to the BC Psychologist and we particularly value submissions by Registered Psychologists or psychology researchers.

Committee Chair: **Vacant**

Important Updates and Call for Editorial Committee Members

The BC Psychologist and Journal Committee are currently undergoing a transitional phase. As of now, our committee consists of only two assistant editors and one staff member. Given the importance of our journal and the growing demands on our committee, we see this as an opportune time to issue an urgent call for a Lead Editor and additional Assistant Editors.

This presents a unique opportunity for you to engage with fellow members, showcase your work, and contribute to the advancement of our field.

Diversity and Social Advocacy committee

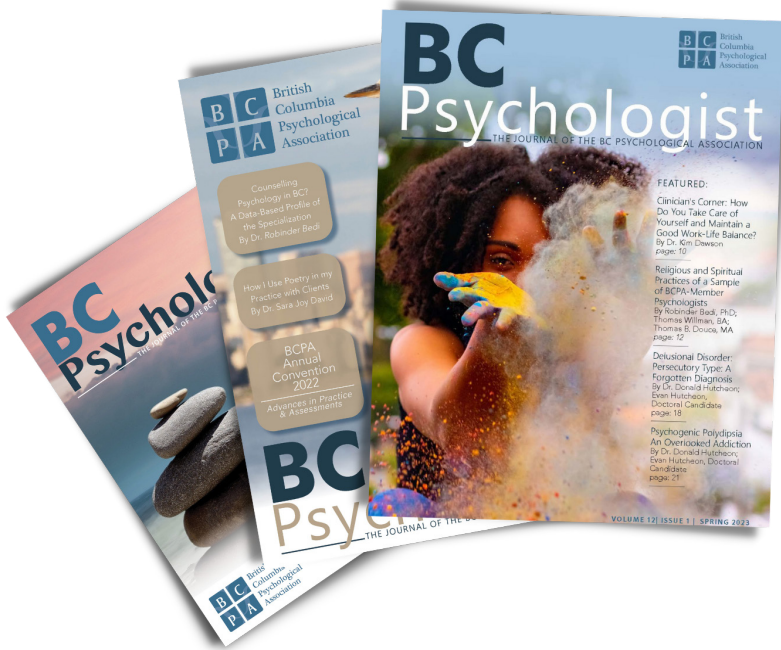
The mission of DSAC is twofold: (1) to provide educational and professional development opportunities on culturally responsive and anti-oppressive practices in psychology, and (2) to provide opportunities for psychologists to be agents of social change by addressing and ameliorating systemic and structural inequities in our communities.

Committee Chair: We are a committee of consensus, sharing responsibilities for chairing committees and tasks.

The committee has been in a period of transition as we consider ways to make good use of the time and connection we have with each other. This is an ideal time to join the committee to consider ways to contribute to our mission.



This document was jointly created and approved by current DSAC members.



Now, let's take a closer look at some important updates concerning YOUR journal:

1. Journal Postponement for Annual General Meeting Report:

Our Editorial Committee has decided to postpone the release of the next journal issue until early December. This decision is to ensure the inclusion of a comprehensive report on the Annual General Meeting (AGM) scheduled for November 15, 2023. Beginning with the upcoming issue, we will adopt a biannual publishing schedule, with releases in December (Winter) and June (Summer).

2. Transitioning to Digital Format Only:

In alignment with our commitment to environmental sustainability and cost-effectiveness, the Board of Directors has resolved to shift from traditional print to a digital format for our journal. This decision not only reduces our ecological footprint but also enhances accessibility and offers a more convenient reading experience for our members.

The Journal Committee

Community Engagement Committee

The role of the BCPA's Community Engagement Committee is to promote mental health to the general public and the role that psychologists play in helping people stay mentally healthy. Our premiere event of the year is February Psychology Month where we present several free public presentations. In the past we presented up to two dozen presentations. In order to not over work our office staff, and in order to provide a more focused message, we scaled back the number of presentation in 2023 to five. Despite the scaling back, February Psychology Month 2023 was still a very successful whirlwind.

Committee chair:

Patrick Myers, PhD., R. Psych.

Patrick Myers received his PhD in Counselling Psychology from the University of Alberta. He has been a very active part of the Community Engagement Committee for many years and the Chair for the past year. Also, he is a past and current Board member of the BC Psychological Association.

Patrick has given a number of free public talks for BCPA during psychology month over the years as well as doing media interviews for the association. He sees clients in Yaletown, Burnaby and Coquitlam.



During the 2023 February Psychology Month the BCPA hosted 5 engaging and free Zoom presentations:

- **“Ask A Psychologist Anything”** a group presentation with Dr. Kamaljit Sidhu, Dr. Erika Horwitz, Dr. Michael Sheppard, and Dr. Sandra Young.
- **“Managing Symptoms of ADHD in Adulthood”** by Dr. Claire Sira.
- **“Inviting Change: Supporting Recovery When Someone You Love Uses Substances”** by Dr. Heather Fulton.
- **“Mindfulness Based Stress Reduction”** by Dr. Kasim Al-Mashat.
- **“Helping Children Chase Away Worry: Understanding and Managing Anxiety In Children”** by Semiramis du Satoy.

We had viewers from various locations in BC (e.g., Prince George, Nanaimo, Salmon Arm), Canada (e.g., Cape Breton, Saskatoon, Hamilton) the United States (e.g., Texas, New York, Georgia) and the world (e.g., Egypt, Australia, Saint Lucia). Of the viewers who answered our feedback survey almost 85% said that they

enjoyed the presentations “a great deal.” Viewers also requested a variety of topics for future presentations, including helping kids through grief and catastrophe, autism, social anxiety, workplace bullying, chronic pain, and many more. Of note, the BCPA’s Facebook and Instagram accounts also experienced a large uptick with over 10,000 hits leading up to, and during Psychology Month 2023.

But wait, we’re not done yet. You, your clients, your family, your friends, your and your clients’ social media connections can continue to watch many of these presentations (and past year’s presentations) at https://www.youtube.com/@bcpa_psychologists and tune in again for February 2024. We are planning even bigger and better. We have sent invitations to psychological associations from the Yukon, Washington, and Alaska to develop a Pacific Northwest coalition for Psychology Month. Still to be seen if we can develop this plan within such a short time span, but definitely interesting.

Of course, none of this would be possible without my wonderful colleagues and office staff. Thank-you to my colleagues Beverly Kort, Susan Benson, and Linda Stull for volunteering their valuable time and creative energies to this ever-developing project. And thank-you to the office staff Alejandra Silvera, Shital Kaur, and Charmaine Barclay for their enduring energies and creativity in bringing this project to fruition every year. Furthermore, we have had applications from two new volunteers to the Community Engagement Committee, whom I hope to meet and collaborate with in the near future.



Patrick Myers,
PhD., R. Psych.

Although the line-up of presenters for 2024 are mostly set, we are always looking ahead. If you have some interesting psychological ideas, and wish to give a free public presentation in 2025 contact us at 604-730-0101 or admin@psychologists.bc.ca We can even provide some help in developing presentations. Looking forward to the amazing and informative presentations for February Psychology Month 2024.

Awards Committee

The BCPA Awards Committee is responsible for creating awards, soliciting recipient nominations, and selecting award recipients on an annual basis.

Committee chair:

Alena Talbot Ellis, Ph.D., R. Psych.

Dr. Alena Talbot Ellis is a registered psychologist with the College of Psychologists of British Columbia. She completed her doctoral training at the University of British Columbia, followed by a pre-doctoral residency with the Department of Clinical Health Psychology at the University of Manitoba. She was employed at the IWK Children’s Health Centre in Halifax, NS, before returning to live and practice in BC. She currently works for the Ministry of Child and Family Development in their Child and Youth Mental Health program and maintains a small private practice.



Continuing Education Committee

Members of this committee are responsible for recruiting prospective workshop presenters, evaluating past workshops, and supervising changes to the Continuing Education program, with the goal to increase the number of members who regularly attend workshops organized by BCPA.

Committee chair:

Amir Sepehry Ph.D.

Dr. Amir A. Sepehry, Ph.D., earned his doctorate from the University of British Columbia in 2015 and completed a post-doctoral fellowship in neurology and re-specialization in forensic clinical neuropsychology. He is a full-time core faculty, Assistant Professor of Clinical Psychology in the Psy.D. program at Adler University, Vancouver, BC. He has numerous active research collaborations, both nationally and internationally. He is serving as the Director representing the Council of Section Chairs for the Canadian Psychological Association (CPA) (2022-2025) at the CPA Boards of Directors and holds the Chair of Psychopharmacology (2020-). He helps with assessments and medico-legal cases research at the Cortex Center for advanced assessment.

Members of this committee meet regularly and are responsible for setting and recruiting prospective workshop presenters, reviewing previous talks and presentations, and reviewing changes to educational programs that are timely, and align with BCPA goals, val-



The Awards Committee would like to thank you all for your exceptional nominations last year. We continue to look forward to the upcoming award season. We were so pleased to be able to recognize the amazing achievements of our colleagues last year in the following areas:

- **Lifetime Achievement Award** (2022 Recipient: Dr. Michael Joschko)

This award recognizes those psychologists who have spent a significant part of their professional lifetime supporting the profession of psychology at the provincial, national and international level.

- **Community Service Award** (2022 Recipient: Dr. Jennifer McIvor)

This award shall be presented to recognize BCPA Members or Affiliates who have given exceptional service or made a distinguished contribution to the association and their community during the year.

- **Advocacy Award** (2022 Recipient: Drs. Lesley Lutes and Erika Penner)

This award recognizes psychologists or doctoral students who have made significant contributions in advocating for the science and the profession of psychology in B.C. over

Alena Talbot Ellis,
Ph.D, R. Psych.

ues, and memberships' interests. Hence, we had the following speaker present for 2022-23:

Past speakers (from November to November)

- **Assessing Dynamic Risk, Protective Factors, and Change with Sexual Offending Populations: Implications for Dynamic Sexual Violence Risk Assessment and Management-** Mark Olver, Ph.D.
- **High-gravity decision-making and capacity evaluation in the context of medical assistance in dying (MAiD)** - Izabela Schultz Ph.D., ABPP, ABVE
- **MAiD medical perspectives and ethical consideration** - Tanja Daws, Ph.D., and Alexandra Olmos Pérez, LL.B, MSc, Ph.D.
- **Grief and Bereavement regarding MAiD – Oceanna Hall and BC Hospice & Palliative Care Association** (Pablita Thomas)
- **Applied Behaviour Analysis: Myths, Applications, and Collaboration** - Hayley Neimy, Ph.D., BCBA-D
- **Ethics and Beyond** - Jaleh Shahin, Ph.D., ABPP.

When possible, the continuing education committee provides virtual, in-person, or hybrid lectures with associated CE credits. The following are our intended talks for 2023-24. In addition, we want to provide some ethics salons with specific topics for presentation (TBD).



Upcoming Tentative Topics (2023-2024)

- **Working with Diverse Populations**
- **Indigenous Culture and First Nations**
- **Children and Youth**
- **Working with First Responders**
- **Diversity Telehealth/Legal and Ethical Considerations in Telehealth**
- **Ethics**
- **Advanced PTSD for Frontline Workers**
- **Assessments and Report Writing**
- **EMDR, Trauma and Cultivating Mindfulness**
- **Supervision, Consultation, Collaboration & Peer Groups**
- **Street Drugs**
- **Neuroscience Research & Houston Conference Update**
- **Family Therapy/Psychology**

Amir Sepehry Ph.D.

Advocacy Committee

The mission of the advocacy committee is for BCPA members to work together to take up advocacy matters that are related to the promotion of the science, practice, and profession of psychology. This may take the form of written submissions, meetings with stakeholders, creation of materials, and other advocacy initiatives.

Committee chair:

Simon Elterman Psy.D., R. Psych.

Dr. Elterman received his B.A. from Western University, MS in Health Psychology from City University of London, Psy.D. from Pacific University in Oregon, and completed his pre-doctoral internship at HealthPoint, which is a primary care network in Seattle, Washington. He currently works in his private practice doing clinical and forensic psychology as well as a consultant for the Hope to Health Research and Innovation Centre on the Downtown Eastside of Vancouver, where he has developed several programs including their Health Canada-funded stimulant use and chronic pain programs. He also trains and consults with psychologists and allied health professionals in the clinic.

Dr. Elterman has been involved in advocacy with BCPA since 2020 and was elected to be the chair of the advocacy committee in January, 2023 after Dr. David Mensink stepped down from the role. Dr. Elterman is grateful for

the hard work that Dr. Mensink, the members of the advocacy committee, and co-directors Drs. Lutes and Penner have put towards advocacy for BCPA and all psychologists in the province.

Advocacy doesn't always work how you want it to: you write long letters to people who don't respond, you make dozens of meetings with people you won't see again, and you undertake amazing projects that fizzle and are too quickly forgotten. Yet, the advocacy arm of BCPA is a very active, attended, and funded committee. How can we reconcile the amount of failure involved in advocacy with its popularity? The answer is passion! Passion derives its root from the Latin word for 'to suffer' (and compassion comes from the root, 'to suffer with'). Passion then, by definition, necessitates effort and overcoming obstacles in service of a larger valued goal. We are very lucky to have a group of passionate people in our advocacy committee who come to every meeting with interest, enthusiasm, and grit. Regardless of the

aforementioned barriers, there are also many occasions where the work does pay off, and it is extremely gratifying. I am proud to share the work and results that we have achieved this year on the advocacy committee with our passion.

At our monthly advocacy meetings, we have been active on several fronts. Dr. Penner has done a wonderful job representing psychologists at union negotiations within the health authority sector (HSA). Dr. Sandra Young was able to advocate to BC Children's Hospital to include psychologists in their MyHearts Map referral system. Drs. Linden, Young, and Lutes spearheaded a project for a public-facing infographic that outlines the differences between mental health professions (which will be released publicly soon, and has been integral in discussions with the Ministry of Health). Drs. Young, Martinez, Drewlo, and Penner have been working diligently to establish a working relationship with the First Nations Health Authority. Dr. Sepehry has been maintaining our connection and advocating with ICBC with help from Dr. Sira. Recently, Dr. Martinez has been investigating issues related to inter-provincial licensure.

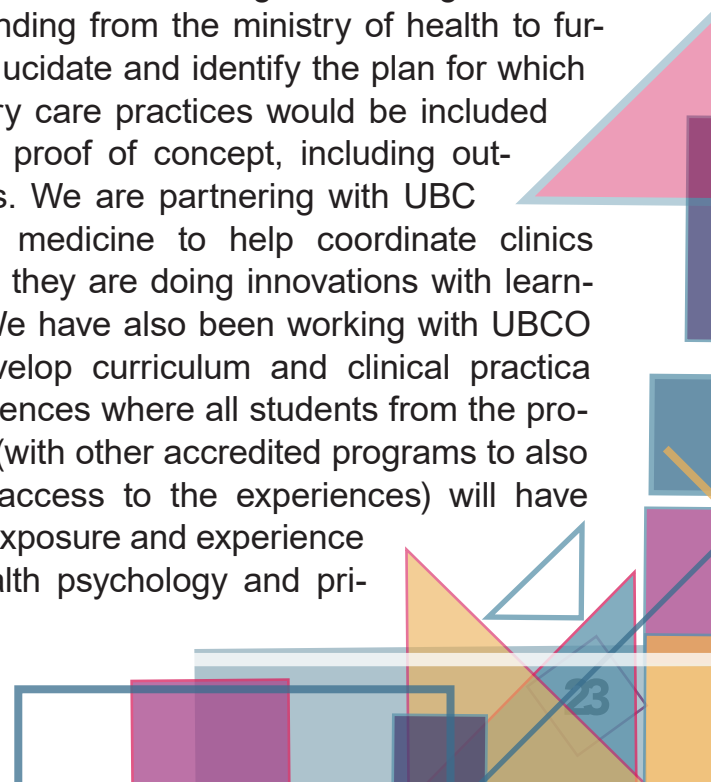
Of course, those are just highlights of lots of ongoing projects and those mentioned above do not work alone. Our group works as a team with input from various specialties, sectors, and viewpoints. For example, I would be remiss to not mention the invaluable input from Dr. Martin Zakrzewski, who consistently provides his helpful perspective from the public health sector. As well, Ms. Shital Kaur has been a steadfast and key contributor to the workflow and implementation of the various initiatives of the advocacy committee.

Two of our most passionate advocates are our co-directors of advocacy: Drs. Lutes and Penner. They have continually shown how hard

work, thoughtfulness, and natural charisma can result in outstanding results. Here is what they have been up to this year, in their own words:

“We have spent the last year continuing to advocate to our government about increasing access to psychological services for people in BC. Specifically, we sat on a 6-month advisory panel on publicly funded mental health that concluded in May, 2023. We also had meetings in the legislature this spring with representatives from all three parties. These meetings concluded with a trip to Vancouver where Drs. Penner, Lutes, and Elterman had a closed door meeting with high level government officials and heads of ministries where we directly discussed the role and value of psychologists, specifically discussing the primary care psychologist proposal – with psychologists as contracted providers not health authority employees.

At the Ministry of Health's request, we completed a revised proposal in May for \$4 million dollars to do a proof of concept throughout BC. We also continued meeting with our colleagues at the Coroner's office, Doctors of BC, nursing and other professions in order to help coordinate professions. In August, we began receiving funding from the ministry of health to further elucidate and identify the plan for which primary care practices would be included in the proof of concept, including outcomes. We are partnering with UBC family medicine to help coordinate clinics where they are doing innovations with learners. We have also been working with UBCO to develop curriculum and clinical practica experiences where all students from the program (with other accredited programs to also have access to the experiences) will have both exposure and experience in health psychology and pri-



many care mental and behavioral health – with an option to have it as an area of emphasis.

Further, for currently registered psychologists, we have been working on the development of a new competency in primary care psychology. This is one of many issues we are now working with the College of Psychologists on during this massive time of transition, including inter-provincial licensure and other relevant issues for our membership. Lastly, we have been a part of the advocacy group where we have been refining and working on an infographic to help delineate the different mental health professions. We are also working on establishing closer relationships with our colleagues in social work and counseling as we move forward and as the landscape of healthcare changes as well as regulation changes in the field. The College of Psychologists' board just approved a new competency in primary care. We are currently working on the development of the workshop which will be offered for the first time in February, 2024. Drs. Penner, Elterman, and Lutes continue to work on the feasibility and sustainability document for the ministry of health – which should be submitted within the next 60 days. The funding decision will be in February 2024.”



Simon Elterman
Psy.D., R. Psych.



BOARD ACCLAMATIONS

We want to congratulate the following candidates who have been acclaimed to the BCPA Board. We also thank our returning Board Members for their continuing commitment.



Chantelle V. Jusay, B.A. **Student Board Member**

Chantelle obtained a Bachelor of Arts degree in Psychology and Minor in Counselling from Kwantlen Polytechnic University. She is currently a fourth-year doctoral student at Adler University, pursuing a Psy.D. in Clinical Psychology. Outside of her studies, Chantelle holds a president position for a student organization in her church. Through this leadership role, she is involved in supporting youth and young adults through outreach, lifestyle workshops, and community events.

Statement of Intent

As an up-and-coming psychologist, I am passionate in helping build the future of psychology and advocating for our profession. This includes advocating for further access of professional mental health services for those who cannot afford to seek support privately. I would be honored to learn from the many Psychologists who have a breadth of experience and wealth of knowledge in the field. It is my desire to listen, support and work collaboratively to shape, affirm and protect the field of psychology in our society today.



Humaira Mohsin Ph.D., R. Psych.

Dr. Humaira Mohsin, Ph D., R. Psych., works at Fraser Health Authority (FHA) as a psychologist and has a virtual private practice. At FHA her professional role includes supervising PhD Psychology residents, educating staff belonging to the interdisciplinary team and facilitating the regional DBT Train the Trainer program. Her professional interests dived into DBT and CPT for PTSD in recent years besides treating people with complex and concurrent issues of Adjustment, Substance Use, Mood and Anxiety Disorders.

As a member of the board of editors for the Pakistan Journal of Professional Psychology: Research and Practice, Dr. Mohsin reviews research articles regularly as well. She was always passionate about the development of the profession of Psychology and promoted the profession as a member, General Secretary and Vice President of Pakistan Association of Clinical Psychologists in the past.

Personally, Dr. Mohsin loves nature walks, swimming and meeting up with her friends. She is keen to travel and considers herself a foodie too. Her friends describe her as an active, cheerful, and dependable person.

Statement of intention

Dr. Humaira Mohsin, Ph.D, R. Psych. honors the privilege to be nominated as one of the BCPA's Board of Directors. With almost 30 years of practising clinical psychology, Dr. Mohsin presently works at Fraser Health Authority (FHA) as a psychologist. Besides providing services to complex clients, she develops and evaluates programs while offering consultation to the interdisciplinary staff team. She is also a member of the FHA regional supervisors of the PhD Psychology Residency Program. In addition to this role, Dr. Mohsin runs a virtual private practice.

With a very clear intent to pursue the profession of psychology since her high school years, Dr. Mohsin was involved in practising, teaching and passionately working towards the advocacy of psychology since she completed her post graduate studies in clinical psychology.

Many factors developed Dr. Mohsin's interest in psychology. Observing family members

with mental health concerns, the social stigma around the mental health diagnoses in the community, medical treatment being the only avenue of support and her personal lived experiences were the primary ones. Psychologists presented in movies and TV shows also contributed to her fascination of this role. Dr. Mohsin's passion to support and promote the profession of psychology aligns well with the BCPA's mandate. As an active member and later elected General Secretary and Vice President of Pakistan Association of Clinical Psychology (PACP), she was driven to advance the professional role of the psychologists and improve the quality of psychological treatment in the community. Dr. Mohsin contributions include finalizing the Code of Conduct with the support of PACP executive members and organizing national and international conferences on behalf of PACP.

Dr. Mohsin held the position of part time faculty, supervisor, and consultant at Centre for Clinical Psychology (CCP), University of the Punjab, Lahore, Pakistan for almost 20 years before she moved to Canada. Aspiring to maintain her professional identity Dr. Mohsin worked as a clinical counselor till she completed her registration with the College of Psychologists of BC. Dr. Mohsin believes that her persistence and perseverance to reach goals will benefit the BCPA's Board immensely.

Dr. Mohsin believe that her transition to Canada increased her sensitivity to the cultural differences and similarities across the globe and helps her to respond to people from different backgrounds with humility and curiosity. She senses that being a skilled clinical psychologist who integrated effectively in the Canadian community, it's time to take the next step. Joining BCPA as a board member Dr. Mohsin plans to facilitate the BCPA team pursue its goals more efficiently.

At a personal level, Dr. Mohsin enjoys free time with her family & friends, cooking, swimming, and traveling.



Jennifer Campbell Psy.D., R. Psych.

Dr. Jennifer Campbell is a Registered Psychologist and the Director of the North Shore CBT Centre. Throughout her career, she has worked with children, youth, and families involved in the criminal justice, foster care, and mental health systems. She has also worked closely with a number of Indigenous communities in BC as a clinician, consultant, and community based researcher. Dr. Campbell recently published a community based research study on suicide postvention conducted with the Squamish Nation. She currently enjoys supervising students in training and chasing the sun in her camper van.

Statement of Intent

My intention for joining the board is to learn more about BCPA and how we can improve networking and benefits for members, as well as increase public awareness of what psychologists offer. I will achieve this by consistently attending meeting, being a voice for members, and encouraging growth and change.



Jason Greif Psy.D., R. Psych.

Dr. Jason Greif grew up near Baltimore, Maryland. After graduating magna cum laude from Tufts University in Massachusetts, Dr. Greif was awarded a Colorado Graduate Fellowship to pursue his doctorate in clinical psychology at the University of Denver. He completed his pre-doctoral internship at the University of Oregon Counseling and Testing Center and his postdoctoral fellowship with New York University's Counseling Services. Dr. Greif is a former training

director and supervising psychologist at Fordham University's Counseling Services in Bronx, NY. Subsequently, Dr. Greif served as an Assistant Dean for Juniors and Transfer Students at Fordham University in New York City.

Before entering full-time private practice, he most recently held the positions of Interim Director and Assistant Director at the Jewish Theological Seminary Counseling Center in New York City. Dr. Greif has been in private practice since 2005 and specializes in anxiety, depression, relationship issues, couples therapy, sexuality, and life transitions. Dr. Greif completed the Couples Therapy Training Program at the Westchester (NY) Center for Psychoanalysis and Psychotherapy. He also earned a certificate for mediation and conflict resolution (Center for Understanding in Conflict, California) and has had training in Collaborative Divorce. Before moving to Vancouver, Dr. Greif was elected to the Clinical Division President Elect at the Westchester (NY) County Psychological Association. In addition to being registered in British Columbia, Dr. Greif is licensed to practice in New York and Washington States and is a telehealth provider for Florida. In his free time, he enjoys spending time with family and friends, watching movies, hiking, snowshoeing, reading, building Lego, playing tennis, and is an avid soccer fan.

Statement of intention

I moved to Vancouver from the New York City area three years ago where I had been in practice for 15 years, and I have continued to work remotely with my clients from the US since moving here. I will be opening my practice in Vancouver very soon. Although I don't yet have the experience of treating local clients, for the past two years, I have been a member of BCPA, participated on the Listserv, and spoken informally with several local mental health professionals. During this time, I gained knowledge of some of the issues facing psychologists in BC. For example, there are a multitude of opinions and strong feelings within the membership about BCPA's recommended rate

for services. I am committed to learning more about the needs of BC psychologists and feel that I can also broaden the perspectives of the board by contributing what I have learned from treating US clients. In addition to my experience with treating clients, I believe I have several strengths that would contribute to success on the board. I am an honest, open person who interacts well with others. I seek to understand multiple perspectives on issues, before coming to a consensus on how best to proceed. As a solo private practitioner, I enjoy the opportunity to collaborate on projects. In addition, I am extremely reliable, and will work hard to achieve the goals of the board.

Nardeen Awadalla

Psy.D., R. Psych.



Dr. Nardeen Awadalla was born in Egypt and currently resides in Vancouver, BC. She is a Registered Psychologist in British Columbia and received her Doctorate of Clinical Psychology (Psy.D.) from Adler University in 2020. She completed an APA-accredited internship at Adler Community Health Services in Chicago, IL. She is now serving as clinical faculty at Adler Community Health services in Vancouver, facilitating program development and providing clinical supervision to Masters and Doctoral level students. In addition to providing clinical supervision, she has experience in providing individual therapy and assessment in private practice and community mental health clinical settings. She has an interest in interpersonal neurobiology and draws from attachment, cognitive, and humanistic frameworks to conceptualize clinical presentations. Clinically she utilizes evidence-based interventions from third-wave cognitive behavioural, and interpersonal modalities to support clients gain insight and implement change in their lives.

Statement of intention

As an early-career psychologist, I am heavily invested in the future of clinical psychology in BC and would love to contribute to the profession that has brought me so much joy. I would approach this role with curiosity and passion! I have a desire to learn from my colleagues and advocate for the profession in a way that reflects the needs of our community and highlights the relevance of our work. I have an interest in systemic and transformative change and I am committed to getting involved wherever the gaps might be because I have a lot to learn as well as a lot to contribute. Some initial thoughts about what some goals might be: 1) deepening ties among our members, collaborating organizations, and the communities we serve, making certain that every voice finds its echo within our collective 2) championing socially responsible practice by not just acknowledging issues of societal inequities but by leading initiatives that foster understanding and healing. 3) bridging gaps between client care and systemic reform; recognizing the role psychologists can play in healthcare



Simon Elterman

Psy.D, R. Psych.

Dr. Simon Elterman is a registered psychologist who was born and raised in Vancouver. He has degrees in health psychology and clinical psychology from universities in Canada (Western University), the UK (City University of London), and the USA (Pacific University Oregon). He currently has a diverse practice, doing therapy and forensic assessments in private practice as well as consultation for various health-care organizations to integrate psychologists into medical settings. Dr. Elterman is also a consultant for the Hope to Health clinic, which is affiliated with the BC Centre for Excellence in HIV/AIDS, where he provides program development, consultative, and supervisory services. Dr. Elterman won BCPA's Advocacy Award in 2021 and now sits as the Chair of the Advocacy Committee for BCPA. Dr. Elterman has been deeply involved in BCPA's advocacy around integrating psychologists into primary care and is one of the co-authors of the PCPsych proposal currently under review by the government. He has also participated in many efforts in this realm including TV interviews, Op-Ed pieces, and trips to Victoria to meet with MLAs in the Legislature. His professional interests include integrated primary care (elterman.ca), process-based therapies (acceptanceandcommitmenttherapy.ca), and forensic parenting plan evaluations (section211.ca).

Statement of Intent

Right now, the board of directors is on the precipice of a new era of governance. With Ms. Picard stepping down as the executive director, the board of directors had to reevaluate the structure of the entire organization. I believe that there changes happening within the board that should maintain momentum. This includes JEDI initiatives as well as advocacy efforts and partnerships with other organizations. It has always been my wish to maintain an action-oriented approach to fulfilling BCPA's mission and I believe that we are in the process of making some major positive changes in the organization. If I am elected to remain on the board, it is my intention to continue in this role. One issue that I would like to work towards on the board is more communication with members around board activities as well as a stronger social media presence.



Tina Leist

Ph.D., R. Psych.

Tina Leist received her PhD from the University of Victoria and is registered to practice in BC. Her diverse background in Clinical, Educational, and Neuropsychology has guided her career. For the last two decades she has worked full-time in her private practice. Her experience extends to her work with the Ministry of Children and Family Services and with a psychiatric hospital in Nebraska. She has taught undergraduate psychology students at the University of Northern Colorado. She has also served on a small private school

board for 2 years, volunteered for Canadian Blood Services, and been a part of a community to promote learning through drama. Beyond her practice, Tina is a dedicated advocate for psychological well-being, offering workshops and lectures on fostering healthy psychological boundaries. She enjoys serving the BCPA and has volunteered as a board member since 2021, chaired the BCPA Membership Committee for one year after having previously been a member, and is on the BCPA Continuing Education Committee.

Statement of intention

Statement of Intent for Board of Directors Nomination - BCPA I am writing to express my intent to continue my service on the Board of Directors, specifically focusing on my work within the Membership and Continuing Education Committees. Over the past year, I have been encouraged by the dedication and impactful work of the BCPA, and I am eager to further contribute to its mission. In seeking this extension, my purpose is two-fold. Firstly, I am committed to enriching the experience of our members. I firmly believe that by refining and expanding the benefits offered to our community of psychology professionals, we can foster a more inclusive and supportive environment. This encompasses not only providing opportunities for professional growth and networking but also ensuring that every individual who joins the BCPA gains tangible, meaningful advantages.

Secondly, I am committed to strengthening the Continuing Education program for our professionals. Recognizing that lifelong learning is the bedrock of our profession, I am keen to play a role in shaping a program that empowers our members with cutting-edge knowledge and skills. By facilitating access to high-quality, diverse educational resources, we can collectively elevate the standard of care and service our community provides. Through my position on the Board of Directors, I see an invaluable opportunity to bring influence, support, and service to our BCPA community and the community of people we all serve. Reflecting on the past years, I view it as a profound learning experience, and I am acutely aware that I have only begun to scratch the surface. I am eager to build upon this foundation, working collaboratively with fellow board members and our amazing staff.

Please welcome your 2023-2024 Board of Directors

President

Erika Horwitz, Ph.D., R. Psych.

Past-President

Amir Sepehry, Ph.D.

Student board member

Chantelle V. Jusay, B.A.

David Mensink, Ph.D., R. Psych.

Humaira Mohsin, Ph.D., R. Psych.

Jason Greif, Psy.D., R. Psych.

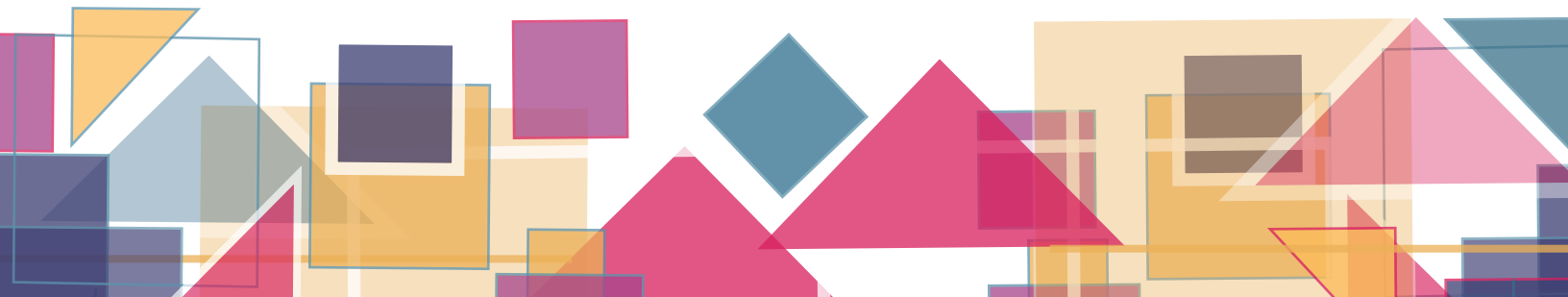
Jennifer Campbell, Psy.D., R. Psych.

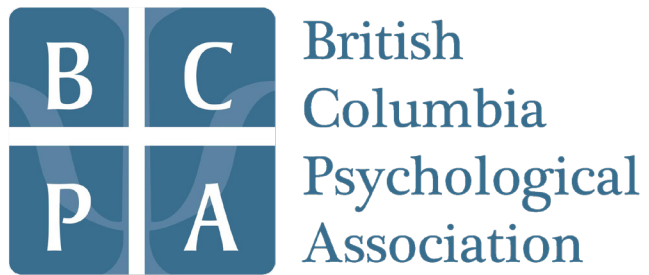
Nardeen Awadalla, Psy.D., R. Psych.

Simon Elterman, Psy.D., R. Psych.

Tina Leist, Ph.D., R. Psych.

Vice-President, Secretary and Treasurer to be assigned.





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